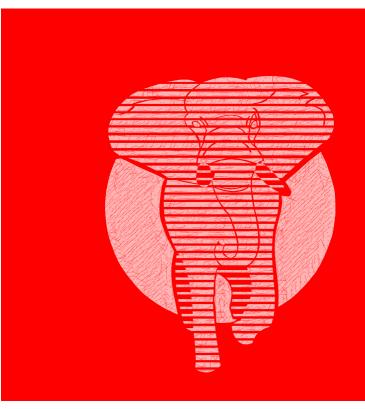
TRUNKLINE Issue 25



Trunkline January 2019



Dear Friends/Supporters,

Greetings to one and all! December was a month to remember! This month was marked by more opportunities to unselfishly **give JOY**, and to coincidentally **get JOY**. What a way to close out 2018!

The members of RCAC came out in exemplary style to unselfishly give JOY with more public service to our community. Many members participated in one or all of the listed events; the Salvation Army "Angel Tree" Program, lifting spirits in song at the Palisade Mall, cosponsoring the 6th Annual IMANI All Star Program ~ Breakfast with Santa Event to benefit all children, especially the Martin Luther King Multipurpose Center Students (Spring Valley, NY), and then raising funds for youth programs in partnership with the Brothers of the New Rochelle-White Plains Alumni of Kappa Alpha Psi Fraternity, Incorporated at the Red and White Affair.

Coincidentally, members of RCAC



received more **JOY** by participating in **Sisterly Acts of Kindness**; sharing during a leadership training, celebrating Leslie Solan who was honored in the community by the Brothers of Xi Lambda Lambda of Omega Psi Phi Fraternity, Incorporated, and dining out together at our annual holiday celebration.

As we close out 2018 and usher in 2019, let us be reminded to remember the essence of the "Season of Lights" all year. Let's all serve as the "light," the example we want to see in our community. Give JOY, get JOY and remember to give THANKS! Won't you continue to partner with us as we, a

trailblazing public service sorority reach out to others (see the listed events)? Our combined acts of kindness each day, may brighten someone's day!

In closing, the members of Rockland County Alumnae Chapter of Delta Sigma Theta Sorority, Incorporated, wish you and your family a very happy, prosperous and joyous New Year!

Sisterly,

Dr. Tonya Couch Jenkins

Dr. Tonya Couch-Jenkins RCAC President

In This Issue

Welcome

Spreading Holiday Cheer

Congrats: Soror Solan

Step More in 2019

Regional News & More!

TRUNKLINEJANUARY 2019 | Issue 25

Holiday Cheer!!!

Kudos to Soror Zenya Cleveland

for arranging our Annual Angel
Tree Program in collaboration
with the Salvation Army of Spring
Valley on December 15. Sorors
blessed 10 families with presents
to brighten their holidays!





One of the best parts of the holidays is sharing music with the community at the Annual "Reason for the Season"
Christmas Concert at Palisades Mall held December 21!

More Holiday Cheer!

RCAC was also among the sponsors of the IMANI All Star Program 6th Annual Breakfast with Santa Event. Sorors were encouraged to wear their brightest red and join in the celebration that serves the youth and parents at the Martin Luther King Multipurpose Center.





Sorors also spread holiday cheer to seniors we serve at their Holiday Party at Casa Mia Restaurant on December 19.

TRUNKLINEJANUARY 2019 | Issue 25



Congratulations Soror Solan!

Soror Leslie Solan was honored by the Xi Lambda Lambda Chapter of Omega Psi Phi Fraternity, Inc. as the Rockland Person of the Year during their 2018 Achievement Week Program. She was honored for her outstanding community contributions.



Adopt a Classroom by January 21, 2019!

See Sorors Alison St. Louis, Idette Flemings-Earl or Sharon Stephenson-Rojan for more information!!!!!

Step into Health During 2019!

Happy New Year from the **Health and Wellness Committee!** In the tradition of setting New Year's resolutions, we would like to set a chapter-wide resolution to "move more" in 2019. To that end, we propose a little healthy competition. Using our predetermined My Sister's Keeper Clusters as teams, let's do a step challenge where daily, weekly, monthly steps as recorded by our devices (mobile phones, fit bit, Apple Watch, etc.) are counted collectively per group and the winners will receive prizes and the all-important bragging rights! We can encourage our cluster sorors via the channels already set in place by our groups. Research has shown that simply walking daily improves health in almost every way including reducing risk of dementia and some cancers and promoting longevity! Let's take on this challenge and help ourselves and our sorors live healthier lives!

Sorors spent an afternoon discussing Delta business with former Eastern Regional Director **Wendy Johnson**.



Got News?

Just send us an email! You can reach us at either Ouida2000@aol.com or kjonespenn@aol.com





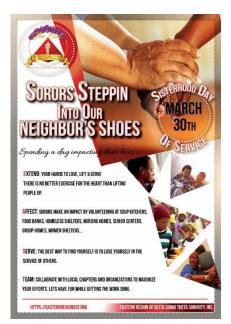
Join our next Red Carpet Event – "If Beale Street Could Talk," Saturday, January 19 at the Shops at Nanuet! We will announce the showtime via Facebook asap!

TRUNKLINEJANUARY 2019 | Issue 25

Regional News: Loving One Another, Impacting Lives

As we prepare to celebrate 106 years of our Sorority's founding, please join the Eastern Region Membership Services Committee in observing our 5th Annual "Love My Sister Week" from **Monday**, **January 7**, 2019, through Sunday, **January 13**, 2019. Let's strengthen the Joy in Our Sisterhood in The East as we celebrate Founders Day and 106 years of sisterhood, scholarship and service!

Our Eastern Region Sisterhood Day of Service will occur March 30, 2019. This year, chapters are encouraged to centralize efforts on the sisterhood day of service for more impactful outcomes. Whether your area chooses to support a soup kitchen, senior center, group home, women's shelter, nursing home, food bank or local shelter, chapters in the Eastern Region are encouraged to partner with each other to make a deeper impact in improving one of these community needs in the East.



CONTACT US

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Visit us on Facebook: Rockland Deltas





RCAC Parties With A Purpose

Sorors joined members of the **New Rochelle/White Plains Chapter of Kappa Alpha Psi Fraternity, Inc.** to raise funds for the Kappa's HBCU tour and RCAC's youth programming! To say a 'good time was had by all' is an understatement!