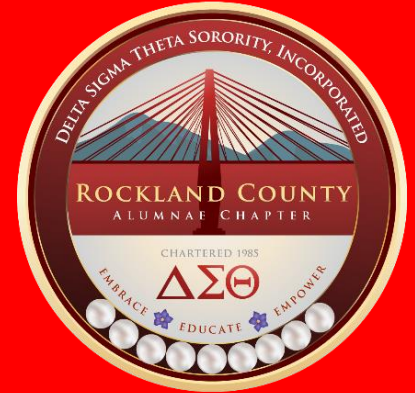


Trunkline April 2019



Dear Friends/Supporters,

Greetings to one and all! Yes, spring is indeed near! As we look forward to April, all efforts are directed to planning our 27th Look Who's Cooking for Delta on Saturday, May 4, 2019 at 2:00 pm. We are once again calling all male chefs near and far to delight us all with their savory dishes. This year we have a few added features we hope you will enjoy along with local vendors. So come one, come all to Chestnut Ridge Middle School to our event where Rev. Shon Clay will be our featured chef and the Legendary Chris Washington as our DJ!

In closing, the members of Rockland County Alumnae Chapter of Delta Sigma Theta Sorority, Incorporated, once again thank you



for continuing to support our programs and events!

Sisterly,

Dr. Tonya Couch-Jenkins

Dr. Tonya Couch-Jenkins
RCAC President

Mark Your Calendars!

- **May Week Celebration**, April 28 – May 4. Details TBD
- **Scholarship Arts/Letters**, May 2, 6-8 p.m. Finklestein Library
- **Economic Development Event**, May 4, *during LWC*
- **27th Annual Look Who's Cooking**, May 4, 2-5:30 p.m., Chestnut Ridge Middle School
- **Keep Rockland Beautiful**, June TBD
- **Start of Adopt-a-Classroom SUMMER Supply Drive**, June 30 - Sept. 6; location TBD

In This Issue

Youth Summit Sparkles
Sisterhood Month Highlights
Sorors On the Move
Tips & More!



Snow? What Snow! Youth Summit Goes On!

A small snowstorm didn't dampen the spirits of our Youth Summit, held at Chestnut Ridge Middle School. The event was aimed to give young people a head start on self-awareness and self-esteem techniques, along with other skills building lessons. Special thanks to local governmental officials, "Honey Do" Toney Earl and Ellen Jaffee!



Congratulations Soror Flemings-Earl!

Soror Idette Flemings-Earl was honored for the Town of Ramapo's Afro-American Women's Heritage Celebration during March!

Congratulations Soror Toutebon!!!

State Assemblywoman Ellen Jaffee honored RCAC's **Ouida Toutebon** with a **2019 Women of Distinction Award!** These awards recognize and honor New York women who are making a difference and enacting positive change in their communities and in the lives of others. She will accept the award at a ceremony in Albany on April 8.



Making Time for Sisterhood

Throughout Sisterhood Month, RCAC found ways to gather together and celebrate – in church and in fun!



RCAC Attends Spring Valley NAACP Breakfast

RCAC sorors came out to network and bond during the recent breakfast held by the Spring Valley NAACP chapter. Our Deltas sister, Rev. Dr. Emma Jordan-Simpson, was the guest speaker.

Women's Financial Habits

Women take care of everything and often forget about themselves in the process. Many of us earn salaries comparable to our male counterparts; some of us are the bread winners. April is **Financial Fortitude Month**, and as we continue our series about financial habits: the good, the bad and the ugly, take the financial quiz below to see if you are on track. Then stay tuned for tips to improve!

<https://www.herwealth.com/blog/financial-fitness-checkup>

CONTACT US

Delta Sigma Theta Sorority, Inc.
 Rockland County Alumnae Chapter
 P.O. Box 720
 Nanuet, NY 10954

Email: rcacdstpres2018@gmail.com

Visit us on Facebook: Rockland Deltas

Got News?

Just send us an email! You can reach us at either Ouidaz2000@aol.com or kjonespenn@aol.com



RCAC
 Delta Sigma Theta Sorority, Inc.
 Dr. Tonya Couch-Jenkins, President

Red Carpet Event
 Private Screening
 Hosted by the
CEJES Institute
SATURDAY, April 6, 2019
 4:00 PM - 7:00 PM

Regal Cinemas Nanuet 12
 The Shops at Nanuet
 6201 Fashion Drive
 Nanuet, NY

TICKETS \$20 must be purchased in advance at:
<https://www.eventbrite.com/e/the-best-of-enemies-private-screening-tickets-58468959231?aff=efbevent>

DELTA SIGMA THETA SORORITY, INC. DR. TONYA COUCH-JENKINS, PRESIDENT

LOOK WHO'S
COOKING FOR
DELTA!

SATURDAY MAY 4, 2019

2:00 PM - 5:30 PM

CHESTNUT RIDGE MIDDLE SCHOOL
 892 ROUTE 45, CHESTNUT RIDGE, NY 10977

TICKETS
\$30
 KIDS AGES
4-12
\$10

FEATURED CHEF
REV. SHON CLAY

Music provided by
 The Legendary Chris Washington
 Delicious food tasting | Friendly Chef Competition
 Door prizes and more
 Raffles | Vendors | Line Dancing

Proceeds will benefit scholarships and community outreach programs
 For more information and Tickets Contact:
 Leslie Salan and Deb Santos at 914.912.4399 | RCACLWC2019@gmail.com

Our next Red Carpet Event is “The Best of Enemies.” Join us on **Saturday, April 6** at the Regal Cinemas in Nanuet!

Health & Wellness Reminder

April is Sexual Assault Awareness Month. Sexual violence means someone forces or manipulates another into unwanted sexual activity without their consent. NSVRC.org reports: 1 in 5 women and 1 in 71 men are raped at some point in their lives; 20-25% of college-aged women and 15% of college men are victims of forced sex; 27% of women in college experienced some form of unwanted sexual contact. Annually, rape costs the U.S. more than any crime (\$127 billion), followed by assault (\$93B), murder (\$71B) and drunk driving (\$61B). Alert your college-aged children and encourage them to speak up if they are ever victimized. Sexual misconduct should never be tolerated! And, we must support anyone who comes forward as a victim of sexual assault.

Desiree and Nichola

Speaking of Cooking...

Sorors came out for our RCAC DST local day of service & made a difference in our community at St. Paul’s Episcopal Church Soup Kitchen.