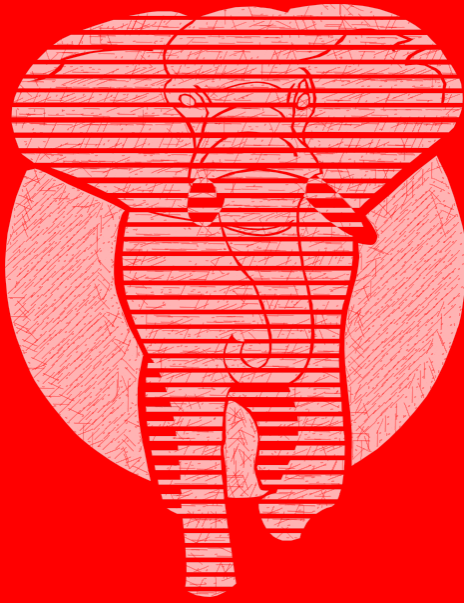


Trunkline

Delta Sigma Theta Sorority,
Inc., Rockland County Alumnae
Chapter



October 2019

Welcome!

Greetings to one and all! As a public service organization, we are committed to serving our community with information, inspiration and integrity. Therefore, it is with great excitement that the ladies of RCAC DST Sorority, Incorporated invite you to join us for the following community events:

Public Service: Montefiore Nyack Hospital Blow Away Breast Cancer 5K Run ... join the walk for a cure on **Sunday, October 6th**!

Fundraising for a Purpose: Fall Fusion ~ Return to Wakanda~ let's go! Join us for an evening of dinner, dancing, vendors, raffles and so much more on **Sunday, Nov. 10th** at 5:00 p.m. We look forward to your participation and support.



Social Action: Midterm Elections are on Tuesday, November 5th ... get ready, get to the polls and **VOTE!** Please bring a friend or Senior to vote with you! Every vote matters!

Remember, it takes a village to make a difference!

Sisterly,

Dr. Tonya Couch-Jenkins

Dr. Tonya Couch-Jenkins
RCAC President

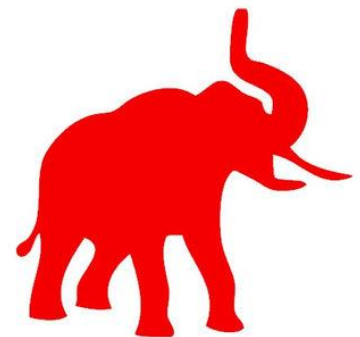
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Congratulations Soror Brown!

Celebrating with WAC & More!





Sorors Party with a Purpose

Our own Soror Tonya Couch-Jenkins was on hand when Pro Foundation presented the Imani All-Star Program, the “Program of the Year” Award this past Labor Day during the organization’s Party with a Purpose Event. The award recognized six consecutive years of community effort warming the hearts of children with the annual *Breakfast with Santa* Program.

Get Ready to Return to Wakanda!

Time’s running out – reserve your ticket for our **Fall Fusion** fundraiser! The event will be held November 10, 5-9 p.m. tickets are \$90 per person and you can check with **Soror Amy Lucas** or **Leslie Solan!**



Health & Wellness Reminder!

October is **Breast Cancer Awareness Month**, and if you are age 40 or older, please have a mammogram if you have not done so already. Early detection is the key to survival and mammograms have been proven to detect breast cancer earlier and thus save lives. Historically African American women have been diagnosed with breast cancer at much later stages than other races and thus have a higher likelihood of dying from the disease. Breast cancer in African American women often is not hereditary, so an absence of breast cancer in the family does not reduce your risk.

RCAC participated in the Montefiore Nyack Hospital 5K Run/Walk for Breast Cancer on October 6 – see photos of the action in next month’s *TrunkLine!*



Congratulations Soror Holly Brown!

RCAC's **Soror Holly Brown** is part of the inaugural Eastern Region Delta PEARLS. She recently attended her first training at Delaware State University with our Regional Director Rosia Blackwell Lawrence and LeadEAST committee members. The Delta PEARL Program is designed to cultivate and nurture aspiring leaders in Delta Sigma Theta Sorority, Inc. by connecting, developing and motivating alumnae members who have demonstrated achievement and leadership experience in preparation for the next level of service personally and professionally.

On top of that, Soror Brown was the 500th registrant for our upcoming Eastern Regional Meeting on October 26! A special prize is coming to her from the region!

FOR MORE INFORMATION

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Visit us on Facebook: **Rockland
Deltas**



Got News?

If you have an item to feature, just send us an email! You can reach us at either Ouida2000@aol.com or kjonespenn@aol.com

Don't Forget:

VOTE on November 5!!!!!!





RCAC was in the house to help our sisters across the bridge – **Westchester Alumnae** – as they celebrated their 60th anniversary!!!!



Eastern Regional Meeting
Saturday, October 26, 2019
SUNY Purchase Campus

See you there!!!!